



POMMAMA BABYMOON WELLNESS RETREAT

DECEMBER 6-8, 2019

OUR BESPOKE BABYMOON WELLNESS RETREATS ARE FOCUSED ON NURTURING YOUR MIND, YOUR BODY, YOUR BUMP AND YOUR PARTNER. PREGNANCY SPECIFIC AND PARTNERS YOGA, VISUALISATION EXERCISES AND GUIDED MEDITATION, NATURAL THERAPIES AND MINDFUL WALKS WILL RELAX AND RECHARGE YOU. OUR EDUCATIONAL WORKSHOPS WILL EQUIP YOU WITH PRACTICAL KNOWLEDGE FOR BIRTH AND PARENTHOOD. BEAUTIFULL SETTING WILL MAKE THE GETAWAY UNFORGETTABLE

MUM & BUMP 890 GBP
COUPLES 1060 GBP

9 MUMS ONLY

Our babymoon

3-days retreat offers:

2 night stay in luxury accommodation * Nutritious meals from local ingredients * Educational workshops * Yoga, Meditation & Breath Work * Partners yoga * Sound healing * Pregnancy massage * State of the art gym & classes for your partner * Swimming pool with a view * Award-winning Bath Christmas market

Outside of historic Bath * Only 1.5 hours away from Central London

* In a beautiful manor house of Combe Grove



FOR RESERVATIONS:

EMAIL: INFO@POMMAMA.COM

WEB: WWW.POMMAMA.COM

PROMOCODE: SUPERMUMS FOR 10% OFF